

Connects

A Newsletter for our Neighbors in AVONDALE

This is Cincinnati Children's quarterly newsletter to highlight our partnerships, upcoming events, opportunities and ways to get involved.



Flu Shots for the Whole Family

Children and adults in Avondale received free flu shots at two neighborhood churches during this year's First Ladies Health Day, October 8.

Vaccination is the best defense against the flu, so experts advise everyone over 6 months old to get a flu shot.

First Ladies Health Day made it easy.

The annual event was organized by the First Ladies of local churches, women who know their congregations and neighborhoods. This year, the First Ladies of 32 churches worked together to provide free health services at 11 churches and five recreation centers. In Avondale, Corinthian Baptist Church and Southern Baptist Church were health screening sites.

Volunteers from Cincinnati Children's gave flu shots for the children, while volunteers from Kroger immunized adults.

NUMBER OF SHOTS GIVEN ON OCTOBER 8:

156  (up 100% from 2016)

Weeks before Health Day, pastors started encouraging their congregants to get immunized, and on October 1, the wives of seven pastors "walked the talk" by getting flu shots in front of their congregations during Sunday services. Thanks to Louise Mapp at Corinthian Baptist and Daphen Baines at Southern Baptist for leading the way in Avondale!



It's important to make sure all children get the flu shot, either at a school based health center like Rockdale or South Avondale. Remember that children can always get a flu shot from their pediatrician. Let's keep kids healthy during the sick season!



Reading Together at Rockdale

His friends may make fun of Gerald the giraffe because his legs are too skinny and his neck's too long. They may say he can't dance the way they do, but they're wrong.

Yes he can!

That's the upbeat lesson of *Giraffes Can't Dance*, a story that delights children with its clever rhymes, colorful drawings and positive message.

Recently, employees from Cincinnati Children's read the story to preschoolers and young students at Rockdale Academy.

It's hard to know who had more fun—the kids or the volunteers who read to them.

Reading is one of the most basic skills every student must learn. Learning to read places students on a path to success in school and in life.

That's why Cincinnati Children's is committed to helping students in Cincinnati Public Schools achieve third-grade reading proficiency.

Our visit to Rockdale was one of many special reading events sponsored across the city to celebrate the 25th anniversary of Learning Through Art—and one of many ways Cincinnati Children's is working in the community to improve childhood literacy.

Want to encourage a pre-school child to read more? Sign up for the Reading Bears—a program for parents and children in Avondale.

 CALL 513-636-9327

You're Invited:

Avondale Community Open House, November 9



Construction of Cincinnati Children's new hospital building is now underway, and we want to keep our Avondale neighbors up-to-date about the project.

Please join us at an Avondale community open house:

November 9, 2017

5:30 – 7 pm

**South Avondale Elementary School
636 Prospect Place, Cincinnati, Ohio 45229**

- Project and Construction Updates
- Employment Programs and Workshops
- Child Health Programs
- Community Partnerships
- Other Community Updates and Information

AVONDALE
*A Newsletter for
 our Neighbors in*

Cincinnati Children's Hospital Medical Center
 3333 Burnet Avenue, MLC 9012
 Cincinnati, Ohio 45229-3026



There's a new after-school science club for 5th and 6th graders at South Avondale Elementary School—thanks to volunteer researchers from Cincinnati Children's, who want to show kids that science can be fun. The club members get to do hands-on experiments that make science come alive.

South Avondale Students Solving a Medical Mystery



Last spring, the club studied the science of food. Students learned scientific concepts by making pancakes and ice cream, and met the challenge of creating a recipe for food that's healthy and tastes great. This fall, the students are solving a medical mystery: What's wrong with Sally? (Sally is a fictional 13-year-old patient.) Like a doctor, the students are collecting information about Sally's symptoms, running real medical tests and developing a treatment plan to help her.

Would your 5th or 6th grader at South Avondale like to join the Science Club?

CALL 513-363-5500

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